SCREENINGS (8:00 – 10:30 a.m.)

Blood Pressure .............................. Pearl River Community College (PRCC) Nursing Education Department

Blood Glucose and Cholesterol ... Highland Community Hospital

and

PRCC Medical Laboratory Technology Program

Bone Density Scan ..................... Hattiesburg Clinic

and

Poplarville Family Chiropractic Clinic

Glaucoma Screening .................... Eye Physicians and Surgeons of Hattiesburg Clinic

Hearing ................................. Pearl River County Schools

Memory Screening ...................... Mississippi Department of Mental Health

Paraffin Wax (for Arthritis),
Manicures ............................... Pearl River Community College Cosmetology Department

Spine Screening, Bilateral
Weight Scales, Massage .......... Poplarville Family Chiropractic Clinic

Stress Dots ............................... Wesley Medical Center

Stress Management .................. At Home Massage Therapy and Day Spa

(Chair Massage)

and

Tranquility Day Spa

INFORMATION BOOTHs

Classic Designs Hair Replacement Center

Hattiesburg Clinic – 28th Place

Highland Community Hospital

Indulgence Home Spa

Mary Kay Cosmetics

Mississippi State University Extension Service

SafeHeart Health

Southeast Mississippi Rural Health Initiative, Inc.

Southern Bone & Joint Specialists, P.A.

The Poplarville Clinic – A Division of Hattiesburg Clinic

Wesley Medical Center

WOMEN’S HEALTH SYMPOSIUM STEERING COMMITTEE

Becky Askew
Laura Berry
Janet Braswell
Peggy Dease
Barbara Gandy
Sharman Ladner
Lindsay Loustalot
Charleen Null
Tara Rouse
Caycee Simon
Debra Smith
Maggie Smith
Martha Lou Smith
Brenda Wells

WOMEN’S HEALTH SYMPOSIUM

Saturday, January 31, 2009

8:00 a.m. – 1:30 p.m.

Poplarville Campus

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**AGENDA**

8:00 a.m.  
Registration  
Crosby Hall  
Health Screenings (until 10:30 a.m.)  
Information Booths  
Art Walk (Music provided by John De La Fuente)  
Continental Breakfast

9:50 a.m.  
Concurrent Sessions I  
Seal Hall  
“Back to Health” (Exercises to Keep the Arthritis Away)  
Dr. Kelvie D. Culpepper  
Poplarville Family Chiropractic (Room 114)

“Discover the Power Within”  
Ms. Tammy Brahan, Anusara-inspired™ Yoga Teacher  
The Yoga Room

“Memory Loss: Is it Alzheimer’s?”  
Dr. Ronald Schwartz, Director of the Neurological Research Center and the Memory Clinic  
Hattiesburg Clinic (Room 115)

“MPG (Miles Per Gallon) and What it Means to You”  
Mr. Richard Byrd, Instructor of Automotive Mechanics Technology, PRCC (Room 113)

“Oral Health Considerations for the Modern Woman”  
Dr. Leslie Wells, Lake Garner Family Dentistry and New Augusta Dental (Room 105)

“Preventive Medicine, Staying Healthy in Today’s Fast Pace Society”  
Dr. Angela Jones, Poplarville Clinic (Room 109)

“Three Cheers for Us”  
Ms. Janie Walters, Motivational Speaker  
Champion Communications

10:40 a.m.  
Concurrent Sessions II  
See Concurrent Sessions I

11:40 a.m.  
General Session  
Olivia Bender Cafeteria  
Dr. Becky Askew, Chair  
Women’s Health Symposium Steering Committee

Dr. William Lewis, President  
Pearl River Community College

“It’s More Than the Drawl, Ya’ll”  
Ms. Ronda Rich  
Ronda Rich Creative, Inc

12:30 p.m.  
Luncheon and Door Prizes  
Special music provided by RiverRoad

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**Door Prizes**

Pearl River Community College extends a special thank you to the businesses and individuals who provided door prizes for this event.