

SCREENINGS (8:00 – 10:00 a.m.)

- Bilateral Weight Scales,
The Vibe (for Circulation) Poplarville Family Chiropractic Clinic
- Blood Pressure Pearl River Community College (PRCC)
Nursing Education Department
- Bone Density Scan Hattiesburg Clinic
- Cholesterol Screening Highland Community Hospital
and
PRCC Medical Laboratory Technology Program
- Glaucoma Screening Eye Physicians and Surgeons of Hattiesburg Clinic
- Hearing Pearl River County Schools
- Memory Screening Mississippi Department of Mental Health
Division of Alzheimer's and Other Dementias
- Paraffin Wax (for Arthritis),
Manicures PRCC Cosmetology Department
- Stress Dots Wesley Medical Center
- Stress Management Healing Touch Day Spa
(Chair Massage)

INFORMATION BOOTHS

- Hattiesburg Clinic – 28th Place
Highland Community Hospital
Indulgence Home Spa
Lab Test Depot
Mississippi State University Extension Service
Southeast Mississippi Rural Health Initiative, Inc.
Southern Bone & Joint Specialists, P.A.
The Poplarville Clinic – A Division of Hattiesburg Clinic
Wesley Medical Center

WOMEN'S HEALTH SYMPOSIUM STEERING COMMITTEE

- | | | | |
|----------------|-------------------|---------------|------------------|
| Becky Askew | Barbara Gandy | Tonia Moody | Maggie Smith |
| Janet Braswell | Valerie Horne | Charleen Null | Martha Lou Smith |
| Peggy Dease | Sharman Ladner | Tara Rouse | Brenda Wells |
| | Lindsay Loustalot | Caycee Simon | |

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PEARL RIVER COMMUNITY COLLEGE



WOMEN'S HEALTH SYMPOSIUM

Saturday, January 30, 2010

8:00 a.m. – 1:30 p.m.

Poplarville Campus

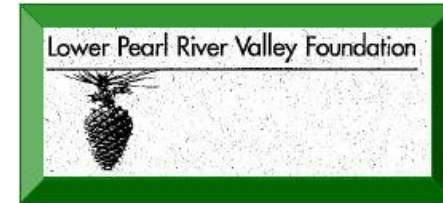
AGENDA

8:00 a.m.	Registration Health Screenings (until 10:00 a.m.) Information Booths Art Walk (Music Provided by Mr. Trevor Hunt) Continental Breakfast	Crosby Hall
9:50 a.m.	Concurrent Sessions I	Seal Hall
	"Dealing with Difficult People" Ms. Janie Walters, Motivational Speaker Champion Communications	(Room 111)
	"Facts about Alzheimer's Disease" Ms. Melora Jackson, MS, CMHT Mississippi Department of Mental Health	(Room 103)
	"First Aid for Your Automobile!" Mr. Richard Byrd, Instructor of Automotive Mechanics Technology, PRCC	(Room 105)
	"Health Strategies for Women" Dr. Melissa Holland Hattiesburg Clinic	(Room 109)
	"Heart and Vascular Disease in Women" Dr. Ben Rester Hattiesburg Clinic	(Room 102)
	"Yoga for Women/Radiant Health and Beauty for All Ages" Ms. Tammy Brahan, Anusara-inspired™ Yoga Teacher The Yoga Room	(Room 107)
10:40 a.m.	Concurrent Sessions II See Concurrent Sessions I	
11:15 a.m.	Luncheon Special Music Provided by Dr. Mark Malone	Olivia Bender Cafeteria
11:50 a.m.	General Session Dr. Becky Askew, Chair Women's Health Symposium Steering Committee Dr. William Lewis, President Pearl River Community College "How to be Up in a Down World" Ms. Jenny Nolen	
12:50 p.m.	Door Prizes (Must be Present to Win)	

SYMPOSIUM SPONSORS

Pearl River Community College gratefully acknowledges the following Women's Health Symposium sponsors:

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Highland Community Hospital
Wesley Medical Center

Door Prizes

Pearl River Community College extends a special thank you to the businesses and individuals who provided door prizes for this event.