

**Social Science and Nutrition
Learning Lab Resource Manual
Forrest County Center 2006-2007**

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Software Descriptions and Lessons Landmark Documents in History CD-ROM (1 copy)

Description: The documents printable and downloadable, are the primary focus of this product. But the disc also contains introductions to all documents.

Documents: Address on Removal of soviet Weapons from Cuba, John F. Kennedy, 1962

Civil Rights Act of 1964

I have a Dream Speech, Martin Luther King, Jr., 1963

Germany's Surrender in World War II, 1945

Japan's Surrender in World War II, 1945

Inaugural Address, Bill Clinton, 1993

Inaugural Address, Franklin D. Roosevelt, 1933

Inaugural Address, George Bush, 1989

Inaugural Address, John F. Kennedy, 1961

Inaugural Address, Ronald Reagan, 1981

Inaugural Address, William McKinley, 1901

Kennedy-Nixon Debate, Sept. 26, 1960

Lusitania Notes, 1915; War Message to Congress, Woodrow Wilson, 1917

Nixon's Resignation Speech, 1974

Old Soldiers Never Die Speech, Douglas MacArthur, 1951

Recall of General MacArthur, Harry S. Truman, 1951

**Software Descriptions and Lessons
Landmark Documents in History
CD-ROM (1 copy)**

SALT I, 1872

Treaty of Versailles, 1919

**University of Mississippi Integration Statement, John F. ,
Kennedy**

War Message Against Japan, Franklin D. Roosevelt, 1941

Software Descriptions and Lessons

Diet Analyst+ Version 8.0 (CD-Rom 2 copies)

Description: The most extensive data base ever provides over 20,000 easy-to-find foods, including most common foods, popular brands, regional favorites, international foods, and vegetarian options

“How Big is a Serving” tips, based on the MYPYRAMID recommendations, are linked on the screen where students need help.

Trans Fats included the most up-to-date information available, and are displayed in all reports.

MyPyramid values include the latest USADA updates, and show actual intake in all categories, including Discretionary calories.

The 3-Day Average Wizard let you print the most common assignment in one step.

Software Descriptions and Lessons Wadsworth Nutrition Connections (CD-ROMS 4 copies)

Description: Welcome to the Wadsworth Nutrition Connections CD-ROM to Accompany Nutrition: Concepts and Controversies 10e by FrancesSizer and Ellie Whitney. Use this CD to access:

Do It activities: Interactive exercises apply nutrition science to everyday scenarios.

Interactions: View animations that bring nutrition science to life.

Quiz: Test your knowledge of important material.

Glossary: Review key terms.

Nutrition Online: Link to the book specific web site for a wealth of additional resources.

Lessons:	Chapter 1	Food Choices & Human Health
	Chapter 2	Nutrition Tools: Standards & Guidelines
	Chapter 3	The Remarkable Body
	Chapter 4	The Carbohydrates: Sugar, Starch, Glycogen & Fiber
	Chapter 5	The Lipids: Fats, Oils, Phospholipids & Sterols
	Chapter 6	The Proteins and Amino Acids
	Chapter 7	The Vitamins
	Chapter 8	Water and Minerals
	Chapter 9	Energy Balance and Healthy Body Weight
	Chapter 10	Nutrients: Physical Activity and the Body's Responses
	Chapter 11	Diet and Health
	Chapter 12	Food Safety and Food Technology
	Chapter 13	Life Cycle Nutrition: Mother & Infant
	Chapter 14	Child, Teen, and Older Adults
	Chapter 15	Hunger and the Global Environment

Software Descriptions and Lessons Key Constitutional Concepts (DVD 2 copies)

Description: **These three 20 minute videos examine key constitutional concepts. The first explains why the nation’s framers created the Constitution.**

The second describes the protection of individual rights by highlighting the Supreme Court case of Gideon V. Wainwright, affirming the right to an attorney.

The last explores the separation of powers by examining the Supreme Court case of Youngstown V. Sawyer, a challenge to President Truman’s decision to take over steel mills during the Korean War.

Mandate: The President and the People (DVD 2 copies)

Description: This 35-minute video, narrated by veteran CBS News correspondent Lesley Stahl, examines the long and complex relationship between the presidency and public opinion.

Scholars explore decisive moments in the history of the presidency from George Washington to FDR.

Lessons: Part I The Founding Fathers through President Jackson

Part II President Lincoln and the Civil War

Part III President Roosevelt and The New Deal

Software Descriptions and Lessons

Our Constitution: A conversation (DVD 2 copies)

Description: **In the Summer of 1787, delegates to the Constitutional Convention gathered in Philadelphia to create a document that would establish the government of the United States.**

On September 17, that landmark document --our Constitution--was signed into law.

This conversation on the Constitution, taped in 2005, is the first in a series produced by the Anneneberg Foundation Trust at Sunnylands for use in classrooms on Constitution Day.

Software Descriptions and Lessons

Music: An Appreciation

(Sound Disc 3 sets of 4 CDs)

Description:

CD1

Wagner
Ellenton
Britten
Bizit
Tchaikovsky
Bach
Anon
Hildegard of Bingen
Machuat
Desprez
Weekles
Monteverdi
Purchell

CD 2

Vivaldi
Handel
Mozart
Haydn
Beethoven

CD3

Mozart
Schubert
Robert Schumann
Clara Wieck Schumann
Chopin
Berlioz
Smetana
Dvorak
Brahms
Puccini

CD 4

Wagner
Debussy
Stravinsky
Schoenberg

Software Descriptions and Lessons
Music: An Appreciation
(Sound Disc 3 sets of 4 CDs)

Webern
Bartok
Still
Copland
Cage
Varese
Glass
Zwilich
Smith
Anon
Shankar

Software Descriptions and Lessons Question Designer Presenter (networked)

Description: Provides tutorials designed by learning lab instructors. This program provides quizzes for the students and allows the students to print their grades.

Lessons: Criminal Justice Chapters 1-13
Criminal Justice Courts Chapters 1-13
Intro to Computing Chapters 1-17
Health and Fitness Terms
M. Lee's Music Appreciation Chapters 1—30
Spanish Leccion 1-8

Software Descriptions and Lessons Video List

Alzheimer's Disease
Anorexia and Bulimia
Barriers of the Mind
Birth Control: Myths and Methods
Denise Austin: Hit the Spot Pilates (Video Disc)
Educating Peter
Epilepsy: Breaking the Barrier
Fetal Lung Development
Flexibility for Sport and Fitness
Gross Motor Development
Infant Motor Development: A Look at the Phases
Inside Hurricane Katrina (Video Disc)
Jumping into Plyometrics
Life's Greatest Miracle
Memory Fabric of the Mind
Muscle and Exercise
Muscles
Normal Infant Reflexes and Development
Reading the Unwritten Language of the Body
Personality Disorders: Failures of Adjustment
Range of Motion Exercises
Schizophrenia: Use and Side Effects of Medication
Storm that Drowned a City (Video Disc)
The Addicted Brain
The Champion Within
The Odyssey of Life
The Sexual Brain
The Western Tradition Series
Total Fitness for Busy Professionals
Training for Strength and Fitness
Valuing Diversity: Multicultural Communication
Wild Animus (Sound Disc)
Understanding and Communicating with an Individual who is Hallucinating
Understanding and Communicating with an Individual who is Experiencing Mania
Understanding Relapse: Managing the Symptoms of Schizophrenia
Yoga for Back Care (Video Disc)

ADA STATEMENT

If you have a disability that qualifies under the Americans with Disabilities Act and you require special assistance or accommodations, you should contact the designated coordinator for your campus for information on appropriate guidelines and procedures: Poplarville Campus, Tonia Moody at 601-403-1060 or tmoody@prcc.edu; Forrest County Center, Deborah Hewitt at 601-554-5503 or dhewitt@prcc.edu; Hancock Center, Maggie Smith at 228-467-2761 or masmith@prcc.edu. Distance Learning Students who require special assistance, accommodations, and/or need for alternate format should contact Tonia Moody or Dr. Janice Poole at 601-403-1374 or jpoole@prcc.edu.